

Brendan - Calderdale

Brendan had been in and out of prison for 32 years. He'd been housed in a bedsit following his latest release and was struggling to adjust. Brendan was smoking heroin and crack cocaine and was also alcohol dependent. His poor mental health was making day to day living very difficult and he was facing eviction from his bedsit. Brendan realised he needed help, and with the support of the Adult Offender Programme (AOP), he referred himself to WY-FI.

Duncan, a WY-FI Navigator in Calderdale, started working with Brendan. They agreed to refer him to appropriate local services for support, and Duncan also found Brendan some privately rented accommodation. Over time though, Brendan's behaviour became unpredictable. Sometimes he would arrive at appointments clean, sober and feeling positive about the future. But there were times when he would arrive under the influence of alcohol and behaving aggressively. Brendan was stuck in this cycle until a family bereavement changed his outlook on life. It was then that he started to show a real willingness to change.

Touchstone
ETE Team

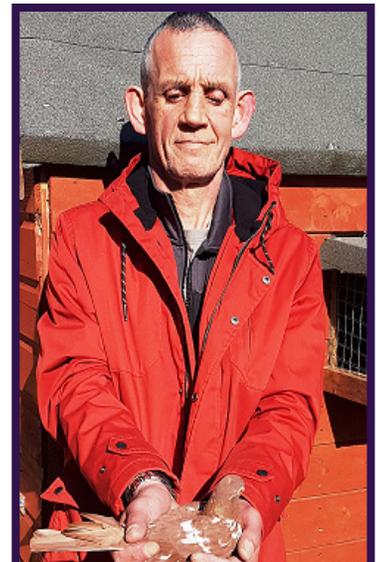
Calderdale
Recovery
Steps

Adult
Offender
Programme

Brendan agreed to a new referral to Calderdale Recovery Steps, and attended all his appointments clean and sober. As Brendan's life became less chaotic, WY-FI supported him to start looking into more meaningful ways to spend his time, and he soon developed an interest in hen husbandry and pigeon fancying. Brendan saved up enough money to find his own rented accommodation with enough outdoor space to keep his birds.

Brendan is now abstinent from drugs and alcohol and has become a regular at his local church, attending art classes and bible study. Brendan is also becoming more active in the WY-FI Network, helping out with group activities for beneficiaries in the Calderdale area.

One day Brendan would like to become a Peer Mentor, and he's being supported by WY-FI's Education, Training & Employment Team to build a new future for himself.



"Without WY-FI I've no doubt I would be back in prison today".

About the WY-FI Project

Our vision

By 2020 adults with multiple needs in West Yorkshire should have the opportunity of:

- a settled home
- positive health and wellbeing
- access to education and employment, and
- trust in a positive future

Ethos

Individuals with multiple needs:

- are supported by Navigators who build trusting relationships over time and who are service neutral
- receive person-centred support to achieve their hopes and aspirations, and
- inform future delivery models and innovation

What we do

WY-FI supports people who are not engaging effectively with services and are experiencing entrenched needs in **at least three** of the following four HARM areas:

- Homelessness
- Addiction to drugs and/or alcohol
- Re-offending
- Mental ill-health

Working together

WY-FI does not deliver services but works with existing local services to co-ordinate and work together effectively to fully meet individual needs in a person-centred and co-ordinated way via a Multi-Agency Review Board (MARB)

Brendan

Before WY-FI

Brendan had a history of re-offending and was struggling to cope after his latest prison release. He was smoking heroin and crack cocaine and was alcohol dependent. He would only engage with services for a short amount of time, before returning to old behaviours.



Homelessness

Brendan had been evicted from his bedsit and was at risk of being made homeless.



Addiction

Brendan was using drugs and alcohol as a way of trying to cope with life after prison.



Re-offending

Brendan had been in and out of prison for the last 32 years.



Mental ill health

Brendan was struggling with depression and anxiety - including panic attacks and suicidal thoughts.

Joining WY-FI July 2016



Chaos Index Score (also known as NDTA score) is an assessment undertaken by a navigator to establish whether an individual will benefit from WY-FI support against a series of need criteria. This is repeated regularly to measure progress.

The Navigation Team in Calderdale have supported Brendan to:

- Break a 32-year cycle of re-offending
- Address his alcohol and drug use
- Move into his own flat and manage his tenancy and bills
- Find meaningful ways to spend his time



Homelessness

Brendan lives in privately rented accommodation with outdoor space for his hens and pigeons.



Addiction

Brendan is abstinent from all drugs and alcohol.



Re-offending

It's been two years since Brendan's last jail sentence - the longest he's been out of jail since he was 18.



Mental ill health

Brendan's mental health is much more manageable and he's able to connect with people in his community more.



Outcome Star Score is a self-assessment tool for beneficiaries to measure their distance travelled.

"We need places like WY-FI. When you're in a challenging part of your life, they help you to move on".

Brendan

After WY-FI