

Louise - Kirklees

Louise is an example of how supported recovery can transform a person's life. From divorce, addiction and unemployment, Louise is now stable in recovery and has a job helping other people turn their lives around.



Louise was going through a difficult divorce and living with her parents. She was drinking heavily, on incapacity benefits and her relationship with her parents was breaking down. The Sober Living Project offered Louise a place on their rehab programme and a place to stay at Freedom House.

Louise started volunteering at The Basement Recovery Project and completed WY-FI's Peer Mentoring course. This was a springboard into paid employment with the Calderdale Navigator team, which gave Louise the financial stability to find her own place to live.

Louise is now a Community Builder at The Basement Recovery Project - helping other people turn their lives around.

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