

Lucy Wakefield

Lucy was abused when she was a child.

As an adult, she's experienced mental and physical abuse from her husband. Lucy was drinking vodka daily, and has bipolar.

Lucy had been served an eviction notice and was due in court on counts of anti-social behaviour towards her neighbours. WY-FI supported Lucy to attend her court hearings and she received a suspended sentence.



WY-FI has supported Lucy to reduce her alcohol intake and helped her organise new housing. Lucy and her Peer Mentor also started talking about the value of meaningful activities. That's when we discovered Lucy's love of gardening.

We helped Lucy apply for an allotment and now she has a reason to go out every day and do something that she loves.

"Because of the allotment I have cut my alcohol use in half.

"I have four chickens and a duck and have fresh eggs daily!"