



# **Restore Project**

## **Wakefield WY-FI Co-production and Innovation Fund Project**

### **Monitoring and Evaluation**

**1<sup>st</sup> April 2017 – 30<sup>th</sup> Sept 2017**

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Performance & Activity	Target	Qtr 1	Qtr 2	Qtr 3	Qtr 4	Total
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		April – June	July – Sept	Oct – Dec	Jan - March	
A. No. of women accessing support	20 for year	0	2			
B. No. of weekly drop in group sessions run	12	8	16			
C. No. of additional group sessions	2	0	1			
No. of women accessing group support	10	0	*			
No. of women accessing individual support	20 for year	0	2			
D. No. of training sessions offered	1	0	1			

\*missing data to follow

A Referrals received	Qtr 1 April – June	Qtr 2 July – Sept	Qtr 3 Oct – Dec	Qtr 4 Jan - March	Total
WY-FI	0	4			
L & D	10	11			
WWC	0	1			
Other					

### B/C Group work

Drop in	Tuesday @ Salvation Army at Castleford 10:30 – 12:30 Thursday @ The Church House South Parade Wakefield 10:30 – 12:30
Self Esteem	Wellbeing Workshop August

### D Training

WWC	Continuing professional development for caseworkers Safeguarding
WYFI	WYFI Induction Complex trauma and Trauma Informed care
Basis Leeds	An introduction to working with female sex workers

**E**  
**Meetings/contacts**

Venue/organisation	Purpose	Outcome
Sexual Health Worker Meeting- Terence Higgins Trust	Networking & sharing information/knowledge	Gained knowledge of support available through THT and made links with worker.
Havertop Police Station L&D quarterly meeting	PowerPoint presentation to partners about the project	Information shared about the project the progress so far and the hopes for the future. Shared knowledge and contacts of other providers.
WYFI Locality meeting	PowerPoint presentation to partners about the project	Information shared about the project the progress so far and the hopes for the future. Shared knowledge and contacts of other providers.
Meeting with Basis Worker Leeds	Listen & share meeting and discussion around training available.	Training discussed and arranged
Meeting with Together Women Project	Sharing ideas looking at possibility of joint working	TWP now offering services from the WWC and plans to deliver Freedom course from mid-September
Lighthouse Project Hull	Information gathering and knowledge sharing.	Shared knowledge and contacts
Multi Agency Practice Development Group WYFI	Networking with other agencies,	Opportunities to gain knowledge about other services and to use Action Learning set Approach to working.
Resettlement Morning – Newhall Prison	Networking and to identify women due for release who we could support	Contact made and regular invitation secured. Opportunities to give women information and support on release

Beneficiaries	Qtr 1 April – June	Qtr 2 July – Sept	Qtr 3 Oct – Dec	Qtr 4 Jan - March	Total
Number of women re engaging with mainstream support services	0	*			
Number of women reporting improved mental health and wellbeing including self-confidence and self-efficacy	0	*			
Number of women accessing specialised sexual health support and advice	0	*			

\* missing data to follow

## **Notes:**

During the first quarter of the project between April – June we did not receive any referrals from WYFI, despite a number of emails and attempts to meet with staff to discuss this. This was due to staff annual leave, sickness and differing working hours. Moving forward into the second quarter more positive links have now been made with the WYFI navigators and 4 referrals have been received, we have also received a 5th referral from another agency for a woman who is also engaged in sex work.

### *Referrals :*

Quarter 2 : 4 women were referred from WYFI all women were White British and aged between 36 & 40 years of age. 1 referral from the Well Women Centre who was also White British and aged 36 years

All women referred had a history of sex work, poor mental health, drugs and/or alcohol misuse, and all women were apart from their children and had criminal convictions. There were also reports of domestic violence and one of the women was suffering a disability due to her drug use.

Of the 4 referrals only 1 of the women has engaged with the project attending a Drop In group. Case workers have attempted to make contact with the other women on a number of occasions but have been unsuccessful. The referral from WWC has engaged in regular 1-1 support and Complementary therapy within the Centre.

The WYFI navigator who referred the women has now gone on maternity leave and a new worker has been allocated to them. It is our understanding that all the women have been known to WYFI for a long time, most being known since the project was set up. There has been no joint assessment or joint planning undertaken but there is regular communication between the navigator and WWC caseworkers.

### *Contacts and network:*

The project team leader has attended the WYFI locality meetings and given updates on the project. There has also been an invitation to the MARB meeting. As yet she has not been able to attend but this is to be invited to the next meeting. She has also attended the WYFI practice development group and one of the team aim to attend.

A full days training on Working with Female sex workers was attended by 15 partner agencies in September delivered by Basis in Leeds from WYFI, WWC, L&D and TWP. All staff attending gave positive feedback about the training and felt that it had been beneficial.

The project works closely with Liaison and Diversion women's pathway, supporting women who are in or at risk of entering the criminal justice system. L&D have made 10 referrals during the first quarter and 11 in the second quarter. This has proved to be a more cohesive partnership. We are aware that a connection was already established with L&D and effective working alliances have been built on.

L&D run a conditional caution service from Well Women Centre weekly and where appropriate will make a referral to the project for support in accessing services, 1-1 support, group drop-ins and courses. The caseworkers have completed joint visits and created joint plans of work. The role of the project is also to support women who may go on to have counselling, offering emotional and practical support and often enabling women to engage more positively in a more intensive treatment later on.

Restore drop In groups have been established, one in central Wakefield and one in Castleford and run weekly for 2 hours. A Complementary Therapist offers input in the groups and also offers 1-1 sessions for referrals where appropriate. IAPT counsellors are also offering monthly workshop sessions in the drop-ins around well-being, mental health, stress, anxiety, confidence and self-esteem.

### *Barriers identified:*

Barriers we have experienced to the project have been some of the changes that were outside of everyone's control and unpredicted. The initial lack of joined up working with WYFI and the staffing changes with Terrance Higgins Trust have been disruptive in setting up effective working alliances. We are also aware that the initial proposal was based on a request from a WYFI client who was a sex worker and wanted to be involved in setting up the project. The plan was that she would help shape the delivery and possibly become a peer mentor. Unfortunately in January this year we understand her mental health deteriorated and she became unwell and unable to participate. She had a lot of knowledge and intelligence about the area that we had hoped would be beneficial to the foundations of the project.

The referrals from WYFI have so far been women with complex and chaotic presentations and their difficulties seem to be long term and enduring mental health conditions. It's not unusual for this presentation to necessitate a hierarchy of need that is not matched to our services and they are not able to engage.

There has also been a lack of involvement from the Terence Higgins Trust who were initially involved with the project. Due to a changeover of staff and non-engagement from the new worker we have struggled to make meaningful contacts with them, however a meeting has recently been arranged for 4/10/17 which we hope will lead to joint working and engagement.

#### *Moving forward*

We plan to make stronger links to other agencies who could offer advice and support at Restore drop in sessions. We will approach agencies such as DWP, Foundation Housing and Health Professionals. We plan to make links with Spectrum Wakefield Integrated Sexual Health Services as we know that this is a service sex workers regularly access.

Our focus has primarily been promoting the project to professionals and encouraging referrals from them and we are beginning to shift more resource in to targeting the potential service user directly. Our reflection on what has worked so far and what other agencies have told us, suggests we now need to widen our reach and not focus on the issue specific areas to enhance engagement. We are developing more promotional literature, most specifically cards that can be distributed throughout Wakefield; in GP surgeries, Walk in Centre, Inspiring Recovery, Wakefield College, Job Centres and of course the Sexual Health Clinics. The cards will be credit card sized and will be discreet in content but will include a symbol that is identifiable as Restore and will give the service user an easy access route and contact with our team. We will also promote on relevant websites and will use social media e.g. Ugly Mugs, SAAFE for local women and also provide a link to the WWC website & social media site.

The next phase will be evaluated once service user engagement has increased and we achieve enhanced beneficiary feedback and project steering. This will mean we could offer bespoke support such as outreach in the evening if an area is identified, enabling us to encourage peer support and safe working, plus scheduled peer support and information sharing groups running to a well promoted schedule .

#### **Incidents and Complaints**

0 incidents were logged this quarter.

No complaints were received this quarter.

0 Safeguarding concerns were escalated this quarter.